

Quick Chicken, Bacon & Pea Shoot Salad

VITACRESS™

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Serves 2

Preparation and cooking time: 10 minutes

Ingredients:

- 4 Slices Ready Cooked Bacon
- 2 Ready Cooked Chicken Breasts
- 50g Pea Shoots
- Handful of Cherry Tomatoes
- 1 tsp Runny Honey
- 1 tsp Dijon Mustard
- 1 tsp Lemon Juice
- 5 tsp Olive Oil



Method:

Slice the chicken, bacon and tomatoes into bite sized pieces. Combine the honey, mustard, lemon juice and olive oil thoroughly to make the dressing. Arrange the pea shoots, chicken, bacon and tomato on plates then drizzle with the dressing. Season and serve with fresh crusty bread or toasted pitta bread.